

GO

“Writing, often excellent writing, can be done without the benefit of feeling inspired. - Julia Cameron, *The Right to Write*”



Creative Affirmation

Creative Soundbites

Save



# my ARTIST'S WAY TOOLKIT

My Contract

Artist's Dates

Artist's Way  
Exercises

Creative Pages

Creative Notes

Click on any of these four tabs to open your My Artist's Way Toolkit diary.



GO

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Save

SavePhotosPersonalizeExportDone Journaling

March 24 - 30, 2014

Take your artist for a walk, just the two of you. A brisk twenty-minute walk can dramatically alter consciousness. Below, record reflections you made on this walk.

Hello, this is a test.

My Contract

Artist's Dates

Artist's Way Exercises

Creative Pages

Creative Notes

At the top of your diary, you will see a toolbar with several options. Click "Export".



### Export Diary Entries



Which entries would you like to export?

☐ Artist's Date  
☒ All

☐ From:  To:

☐ Artist's Exercise  
☒ All

☐ From:  To:

☐ Creativity Pages  
☒ All

☐ From:  To:

OK

CANCEL

The "Export Diary Entries" box will pop up. Select which entries you would like to export by checking the box next to each diary section (Artist's Date, Artist's Exercise, and Creativity Pages) you wish to include. To export all of your diary entries, make sure all boxes are selected.

## Export Diary Entries



Which entries would you like to export?

☒ Artist's Date

☐ All

☒ From:  To:

☒ Artist's

☒ All

☐ From:

☒ Creativ

☒ All

☐ From:

December 2013

January 2014

February 2014

Su	Mo	Tu	We	Th	Fr	Sa
	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Su	Mo	Tu	We	Th	Fr	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

OK

CANCEL

Choose a time period for the content you wish to export. The default is set to "All". This will export all of the content in your diary. To export diary entries from a specific date range, select "From" and click in the white box to open the calendar. Select a start date. Then click in the "To" box to select an end date.



## Export Diary Entries



Which entries would you like to export?

☒ Artist's Date

☒ All

☐ From:  To:

☒ Artist's Exercise

☒ All

☐ From:  To:

☒ Creativity Pages

☒ All

☐ From:  To:

OK

CANCEL

Once you have selected the diary entries and related time periods to export, click "OK" at the bottom.

Your selected diary entries will be compiled and downloaded into one .rtf (rich text format) file. You can open this file in Microsoft Word or any word processor or text editor that supports formatted text.

Each entry includes the diary section, the prompt, and your written content.

If you have any trouble exporting your content, please email [appsupport@us.penguinroup.com](mailto:appsupport@us.penguinroup.com) with a detailed description of the issue.

Thank you!