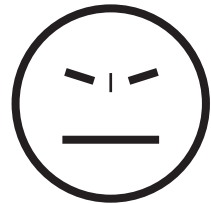


APPENDIX:  
MICROEXPRESSION FLASH CARDS

Want to practice your microexpressions? We made you some that you can cut out of this book to take with you while watching TV or talking with friends. Get more at [www.ScienceofPeople.com/toolbox](http://www.ScienceofPeople.com/toolbox).

# ANGER



- Furrowed brow
- Tense lower eyelids
- Lips tight or drawn back

# CONTEMPT



- One side of mouth raised
- Eyes may narrow at target
- Body turns away

# HAPPINESS



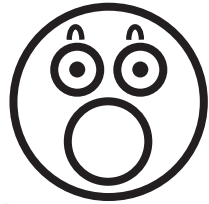
- Lips drawn back and up
- Cheeks are raised
- Crow's feet near eyes

# FEAR



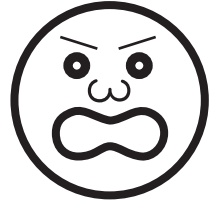
- Brows raised in a flat line
- Upper eyelids raised
- Mouth open, lips drawn back

# SURPRISE



- Brows raised and curved
- Eyelids open, whites showing
- Jaw drops open

# DISGUST



- Nose is wrinkled
- Cheeks are raised
- Lower lip is raised

# SADNESS



- Brows drawn in and up
- Corners of lips drawn down
- Jaw comes up