

Personal Application Worksheet

1. What is a taboo that is making it hard for you to resolve the conflict?
2. Evaluate three approaches for dealing with the taboo:

	Benefits	Costs
Accept the taboo		
Chisel at the taboo		
Tear down the taboo		

3. Decide upon an approach: Accept it? Chisel it away? Tear it down?
4. How can you implement that approach? Brainstorm ideas below.