
1. I can easily see the strengths in my children (their personality, abilities, talents, and skills).

| | | | | |
|----------------------|----------------------|-------------------------------|-------------------|-------------------|
| 1 | 2 | 3 | 4 | 5 |
| STRONGLY DISAGREE | SOMEWHAT DISAGREE | NEITHER AGREE NOR DISAGREE | SOMEWHAT AGREE | STRONGLY AGREE |

2. I know what my kids enjoy doing.

| | | | | |
|----------------------|----------------------|-------------------------------|-------------------|-------------------|
| 1 | 2 | 3 | 4 | 5 |
| STRONGLY DISAGREE | SOMEWHAT DISAGREE | NEITHER AGREE NOR DISAGREE | SOMEWHAT AGREE | STRONGLY AGREE |

3. It's hard to tell what the strengths are in my children.

| | | | | |
|----------------------|----------------------|-------------------------------|-------------------|-------------------|
| 1 | 2 | 3 | 4 | 5 |
| STRONGLY DISAGREE | SOMEWHAT DISAGREE | NEITHER AGREE NOR DISAGREE | SOMEWHAT AGREE | STRONGLY AGREE |

4. I know the things my kids are good at doing.

| | | | | |
|----------------------|----------------------|-------------------------------|-------------------|-------------------|
| 1 | 2 | 3 | 4 | 5 |
| STRONGLY DISAGREE | SOMEWHAT DISAGREE | NEITHER AGREE NOR DISAGREE | SOMEWHAT AGREE | STRONGLY AGREE |

5. I'm aware of the key strengths in each of my children.

1
STRONGLY
DISAGREE

2
SOMEWHAT
DISAGREE

3
NEITHER AGREE
NOR DISAGREE

4
SOMEWHAT
AGREE

5
STRONGLY
AGREE

6. I know what energizes my children.

1
STRONGLY
DISAGREE

2
SOMEWHAT
DISAGREE

3
NEITHER AGREE
NOR DISAGREE

4
SOMEWHAT
AGREE

5
STRONGLY
AGREE

7. I can easily see the things my kids do best.

1
STRONGLY
DISAGREE

2
SOMEWHAT
DISAGREE

3
NEITHER AGREE
NOR DISAGREE

4
SOMEWHAT
AGREE

5
STRONGLY
AGREE

8. I give my children opportunities to regularly use their strengths.

1
STRONGLY
DISAGREE

2
SOMEWHAT
DISAGREE

3
NEITHER AGREE
NOR DISAGREE

4
SOMEWHAT
AGREE

5
STRONGLY
AGREE

9. I encourage my children to do the things they are good at.

1
STRONGLY
DISAGREE

2
SOMEWHAT
DISAGREE

3
NEITHER AGREE
NOR DISAGREE

4
SOMEWHAT
AGREE

5
STRONGLY
AGREE

10. I suggest to my kids that they use their strengths every day.

1
STRONGLY
DISAGREE

2
SOMEWHAT
DISAGREE

3
NEITHER AGREE
NOR DISAGREE

4
SOMEWHAT
AGREE

5
STRONGLY
AGREE

11. I actively show my children how to use their strengths in different situations.

1
STRONGLY
DISAGREE

2
SOMEWHAT
DISAGREE

3
NEITHER AGREE
NOR DISAGREE

4
SOMEWHAT
AGREE

5
STRONGLY
AGREE

12. I encourage my kids to do the things that they enjoy.

| | | | | |
|----------------------|----------------------|-------------------------------|-------------------|-------------------|
| 1 | 2 | 3 | 4 | 5 |
| STRONGLY DISAGREE | SOMEWHAT DISAGREE | NEITHER AGREE NOR DISAGREE | SOMEWHAT AGREE | STRONGLY AGREE |

13. I think of ways to help my children use their strengths.

| | | | | |
|----------------------|----------------------|-------------------------------|-------------------|-------------------|
| 1 | 2 | 3 | 4 | 5 |
| STRONGLY DISAGREE | SOMEWHAT DISAGREE | NEITHER AGREE NOR DISAGREE | SOMEWHAT AGREE | STRONGLY AGREE |

14. I encourage my kids to do things that make them feel energized.

| | | | | |
|----------------------|----------------------|-------------------------------|-------------------|-------------------|
| 1 | 2 | 3 | 4 | 5 |
| STRONGLY DISAGREE | SOMEWHAT DISAGREE | NEITHER AGREE NOR DISAGREE | SOMEWHAT AGREE | STRONGLY AGREE |
