

# Selecting Your Career Roles

Write your work-purpose statement below (see page 213). Next, generate a list of ten potential career roles that you could employ in the pursuit of this work purpose.

## Work-Purpose Statement

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## Possible Career Roles

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_

Now select your top three and list these below:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

Now select the one you feel most attracted to. Indicate why you believe it is the best fit for your purpose, talents, and mission objectives.

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Use the career role you have selected above for the exercises that follow.

# Put Your Career Choice to the Test

Refer to the career choice you identified in the previous exercise and ask yourself the following questions:

Am I making this choice freely, or do I feel compelled to prove something?

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Am I really enthusiastic about this choice? Is there anything I want more than this choice? \_\_\_\_\_

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Do I want it for me, or am I trying to please someone else?

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Do any of the following terms apply to the way I feel about this career choice: "I ought to," "I have to," or "I should"? \_\_\_\_\_

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Am I committed to following through with this career choice, or am I likely to give up when things get difficult?

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# A Day in the Life

Answer the following questions as though you were currently engaged in the career you identified earlier.

What time do you wake up for work? \_\_\_\_\_

What do you wear to work? \_\_\_\_\_

Where do you go to work? (Setting? Rural, small town, suburban, or urban area? If indoors, type of building?) \_\_\_\_\_

Who is the first person you greet (if any)? \_\_\_\_\_

At what time do you begin your workday? \_\_\_\_\_

Are you working for yourself, a small firm, large firm, or a branch of the government, etc.? \_\_\_\_\_

What are the tools you work with? (Paint and brushes? Computer and telephone? Desk? Workbench?) \_\_\_\_\_  
\_\_\_\_\_

Do you have a boss? What kind of rapport do you have? Do you have subordinates or employees? What do they do? How do you interact? \_\_\_\_\_  
\_\_\_\_\_

How do you spend the lion's share of your day? (In meetings? Alone? With a team? On the telephone? Making presentations?) \_\_\_\_\_  
\_\_\_\_\_

Do you work primarily with people inside or outside of your organization? For example, a manager works more with people on the inside; a sales representative, more with those on the outside.) \_\_\_\_\_

Where do you have lunch? With whom? \_\_\_\_\_

At what time do you complete your workday? \_\_\_\_\_

Do you take your work home? If yes, what kind of work? \_\_\_\_\_

How much money will you earn at this work over the course of one year? \_\_\_\_\_

# Looking Back on Your Life's Work: Great Moments

Answer the following questions as though you had already successfully completed your life's work.

What was the most important contribution you made through this work?

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What was the most exciting aspect of this work? \_\_\_\_\_

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What was your most difficult challenge, and how did you overcome it?

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What were you most proud of? What was most rewarding? \_\_\_\_\_

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What were the creative highlights? \_\_\_\_\_

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What skills have you perfected in the course of this work? \_\_\_\_\_

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What did you enjoy most about this work? \_\_\_\_\_

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What did you enjoy least? \_\_\_\_\_

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What awards, commendations, acknowledgments, testimonials, etc., that you received were the most meaningful to you? \_\_\_\_\_

# Mission Accomplished!

How did you fulfill your mission in life through this career?

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What did you do to eliminate suffering and/or expand joy for your fellow man?

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How did your example inspire others to be their best?

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What have you left behind as a legacy?

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# Acknowledging the Supporting Cast

Answer the following questions as though you had already successfully completed your life's work.

Whose support was most critical to achieving your success? (If you can't give specific names, perhaps positions, titles, or relationships.)

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What role models have influenced you the most?

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How did the response and appreciation of the people you were serving inspire you to do and achieve more?

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Who else has helped you to succeed, and how have they done so?

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