

# Recall What You Have Learned

Make a list of at least thirty things you have learned to do. Be sure to include things that may be obvious, things you may discount as insignificant but that, in fact, are important, e.g., learning to walk, learning to talk, learning to drive a car, learning to read, etc.

1. Write everything you have learned in the last five years.

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2. Write everything you have learned in the previous ten years (five to fifteen years ago).

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3. Write everything you have learned prior to this (from birth to fifteen years ago).

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