

Your World Needs Your Love

This process provides you with the opportunity to assess the needs of your world, nation, and community. One of the key components to a satisfying and fulfilling life's work is the sense that you are making a contribution to the world you live in. This exercise is a problem-solving approach to your world, which will help you determine what you can do to make it better.

In your estimation, what are the most critical needs on the planet that are going unmet, or what are the greatest sources of pain and suffering in the world?

In your nation?

In your community?

What situation or need in your community, nation, or world most moves you to want to take action? *"More than anything, I really want to do something about."*

What situation in the world, in your nation, or in your community do you notice yourself complaining about the most? *“Somebody really ought to do something about . . .”*

How could you ultimately be most effective in working on these problems? *“If I were to take responsibility to do something about this, I would.”*

What elements of human suffering speak to your heart?

After reviewing what you have written above, ask yourself, “What insights do my answers give me about the direction I would like my life to take?”

Through the Eyes of a Child

The premise behind these questions is that somewhere in the back of your mind, you have always known what you are here to do. Recalling your childhood may help you unlock this inner sense of knowing, which children are more readily aware of because they have not yet accepted the limiting beliefs or the sense of defeat that often hinders adults.

As a child, what did you most want to give to the world?

As a child, what situation in the world most hurt, disturbed, or upset you?

What did you want to do about it?

When you were a child, what did you most love to do?

If you could wave a magic wand, and the world would instantly be the way you want it to be, how would it be different?

What insights do the answers to these questions give you?
