

Putting Fear on the Run

If you are having difficulty identifying your life's work, review the nine fears above. Indicate the top three that slow you down and what you plan to do to overcome them. Keep acting into fear until it is no more.

Fear 1: _____

What I will do to overcome this: _____

Act into Fear and Watch It Disappear

Fear 2: _____

What I will do to overcome this: _____

Act into Fear and Watch It Disappear

Fear 3: _____

What I will do to overcome this: _____

Act into Fear and Watch It Disappear